

# Rising energy bills

Learn about why your energy bills are getting more expensive.



easy  
read

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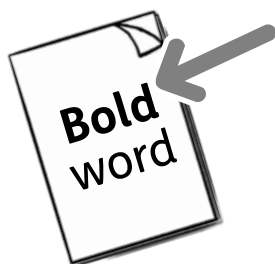
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In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

# Introduction



People in the UK have to pay bills to be able to live in their homes.

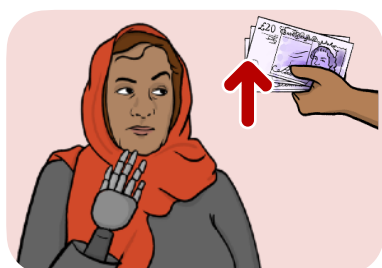
You have to pay bills for things like:



- Electricity.
- Water.
- Gas.

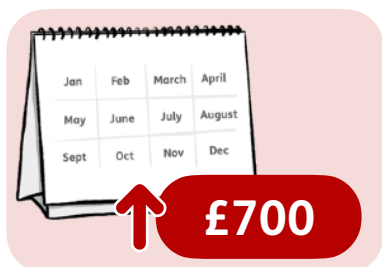


From 1 April, gas and electricity bills may be more expensive for lots of people.



This Easy Read information will help you understand why your gas and electricity bills may be going up.

# How much will my bills go up?

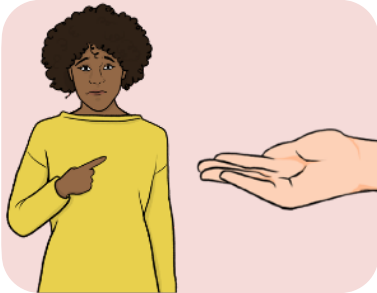


Most electricity and gas bills will go up by about £700 a year.



The more gas and electricity you use, the more your bills will go up.

# Why are my bills going up?



Companies who provide your electricity and gas can only make you pay up to a certain amount.

The amount has now gone up.



This means companies who provide your gas and electricity can now make you pay more money.

The amount has gone up because:



- Companies do not have as much gas to go round.



- There is a war happening between Russia and Ukraine.

# Why does the war affect my bills?



Russia is the biggest gas provider in the world.



Russia gives gas to lots of other countries in Europe.



Russia is now attacking Ukraine but most countries in Europe do not support this.

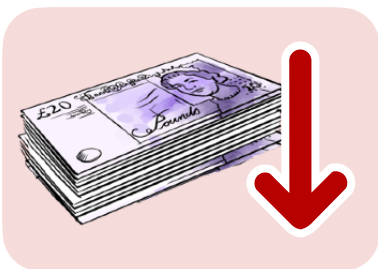


This means we cannot get gas from Russia so we have less to go round.

# What can I do to save gas and electricity?



You can make small changes in your home that will make you use less gas and electricity.

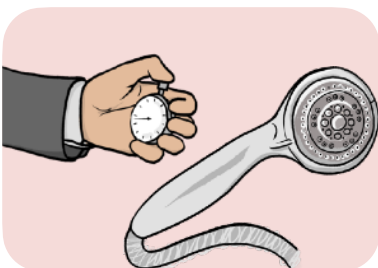


This will mean your bills are not as expensive.



You can do things like:

- Turn down your heating.



- Only take showers for 4 minutes.



- Switch off the lights when you leave the room.

# More help



If you are struggling to pay your bills you can get help from:



- Charities such as Citizens Advice or Turn2Us.



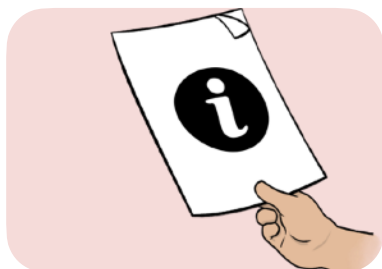
- The Government.



- The warm house discount scheme - this scheme offers people with less money a lower electricity bill.

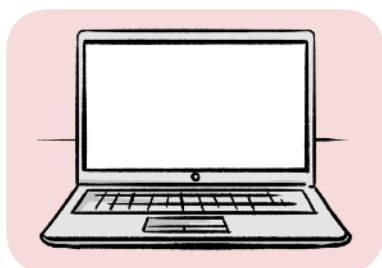


# For more information



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